

MARCH, 2026

Addison Township Senior Program

Marie May – Senior Coordinator (248) 628-3388 / SeniorProgram@AddisonTownshipMI.gov

Monday		Tuesday		Wednesday		Thursday	
2	Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch Memoir Class 11am	3	Neuro Movement 9-10am Leader: Shirley Delaurier Yoga 10:30am Leader: Kathy Dawson 6-Handed Euchre 10:30am MUST RESERVE SPOT	4	CARD GAME DAY 10am Bring your lunch!	5	CHAIR YOGA 10:30 Leader: Kathy Dawson Sewer's Get Together 9am Bring your own supplies & lunch NO PM EUCHRE
9	Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch	10	Neuro Movement 9-10 Leader: Shirley Delaurier Yoga 10:30am Leader: Kathy Dawson 6-Handed Euchre 10:30am MUST RESERVE SPOT	11	CARD GAME DAY 10am Bring your lunch!	12	CHAIR YOGA 10:30 Leader: Kathy Dawson Sewer's Get Together 9am Bring your own supplies & lunch EUCHRE 6PM
16	Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch	17	Neuro Movement 9-10am Leader: Shirley Delaurier Yoga 10:30am Leader: Kathy Dawson 6-Handed Euchre 10:30am MUST RESERVE SPOT	18	CARD GAME DAY 10am Bring your lunch!	19	CHAIR YOGA 10:30 Leader: Kathy Dawson Sewer's Get Together 9am Bring your own supplies & lunch Senior Lunch at Restaurant 1pm NO PM EUCHRE
23	Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch	24	Neuro Movement Leader: Shirley Delaurier Yoga 10:30am Leader: Kathy Dawson 6-Handed Euchre 10:30am MUST RESERVE SPOT	25	CARD GAME DAY 10am Bring your lunch!	26	CHAIR YOGA 10:30 Leader: Kathy Dawson Sewer's Get Together 9am Bring your own supplies & lunch EUCHRE 6PM
30	Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch	31	Neuro Movement Leader: Shirley Delaurier Yoga 10:30am Leader: Kathy Dawson 6-Handed Euchre 10:30am MUST RESERVE SPOT				

**** Calendar Events are Subject to Change. Please check with your leader Marie or "Senior Change" sheet. "All Leaders" are Volunteers. ****

APRIL, 2026

Addison Township Senior Program

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Monday	Tuesday	Wednesday	Thursday
<p>SENIOR LUNCH DAY CHANGED TO THURSDAY, APRIL 9 THIS MONTH ONLY</p>		<p>1</p> <p>CARD GAME DAY 10am Bring your lunch!</p>	<p>2</p> <p>CHAIR YOGA 10:30 Leader: Kathy Dawson</p> <p>Sewer's Get Together 9am Bring your own supplies & lunch</p> <p>NO PM EUCHRE</p>
<p>6</p> <p>Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch</p> <p>Memoir Class 11am</p> <p>M/Mind 1pm</p>	<p>7</p> <p>Neuro Movement 9-10 Leader: Shirley Delaurier</p> <p>Yoga 10:30am Leader: Kathy Dawson</p> <p>6-Handed Euchre 10:30am MUST RESERVE SPOT</p> <p>Mindful Meditation 11:45am</p>	<p>8</p> <p>CARD GAME DAY 10am Bring your lunch!</p> <p>Majung 10:30am</p>	<p>9</p> <p>CHAIR YOGA 10:30 Leader: Kathy Dawson</p> <p>Sewer's Get Together 9am Bring your own supplies & lunch</p> <p>EUCHRE 6PM</p> <p>SENIOR LUNCH DAY – AMERICAN LEGION 1PM</p>
<p>13</p> <p>Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch</p>	<p>14</p> <p>Neuro Movement 9-10am Leader: Shirley Delaurier</p> <p>Yoga 10:30am Leader: Kathy Dawson</p> <p>6-Handed Euchre 10:30am MUST RESERVE SPOT</p> <p>Mindful Meditation 11:45am</p>	<p>15</p> <p>CARD GAME DAY 10am Bring your lunch!</p>	<p>16</p> <p>CHAIR YOGA 10:30 Leader: Kathy Dawson</p> <p>Sewer's Get Together 9am Bring your own supplies & lunch</p> <p>CASINO DAY! SOARING EAGLE</p> <p>NO PM EUCHRE</p>
<p>20</p> <p>Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch</p> <p>Memoir Class 11am</p>	<p>21</p> <p>Neuro Movement Leader: Shirley Delaurier</p> <p>Yoga 10:30am Leader: Kathy Dawson</p> <p>6-Handed Euchre 10:30am MUST RESERVE SPOT</p> <p>Mindful Meditation 11:45am</p>	<p>22</p> <p>CARD GAME DAY 10am Bring your lunch!</p>	<p>23</p> <p>CHAIR YOGA 10:30 Leader: Kathy Dawson</p> <p>Sewer's Get Together 9am Bring your own supplies & lunch</p> <p>EUCHRE 6PM</p>
<p>27</p> <p>Sewing & Quilting 10am Leader: Debbie Brown Bring sewing machine & supplies (Not a Class) Bring your own lunch</p>	<p>28</p> <p>Neuro Movement Leader: Shirley Delaurier</p> <p>Yoga 10:30am Leader: Kathy Dawson</p> <p>6-Handed Euchre 10:30am MUST RESERVE SPOT</p>	<p>29</p> <p>CARD GAME DAY 10am Bring your lunch!</p>	<p>30</p> <p>CHAIR YOGA 10:30 Leader: Kathy Dawson</p> <p>Sewer's Get Together 9am Bring your own supplies & lunch</p> <p>NO PM EUCHRE</p>



1. JOIN US FOR LUNCH WITH SENIORS
3RD THURSDAY OF MOST MONTHS @ 1PM, WEATHER PERMITTING
CALL OR CHECK CALENDAR TO CONFIRM DATE AND FOR LOCATION DETAILS
EVERYONE RESPONSIBLE FOR THEIR OWN BILL
ON OCCASION DATES MAY CHANGE - ALWAYS CALL TO CONFIRM
IF THERE IS A CONFLICT WITH THE DATE, WE WILL GO TO LUNCH ANOTHER THURSDAY
2. GAME DAY ON WEDNESDAY'S AT 10AM. COME JOIN US.
3. MARIE IS A CO-HOST ON "OCTV" IN OXFORD. THEY INTERVIEW MANY GUESTS WITH
EXTREMELY IMPORTANT INFORMATION FOR SENIORS. PLEASE TUNE IN. IT HAS BEEN VERY
HELPFUL TO MANY SENIORS. THE SHOW ANSWERS MANY QUESTIONS THAT SENIORS HAVE.
(CLICK ON YOUTUBE → TYPE IN OCTV SENIOR BREAK → SELECT AN EPISODE AND CLICK IT)
4. WE ARE CLOSED ON FRIDAY'S

PLEASE REMEMBER IF YOU MAKE AN APPOINTMENT OR SIGN UP WITH US FOR SOMETHING,
IT IS VERY IMPORTANT THAT YOU CALL MARIE AND CANCEL IF YOU CANNOT MAKE THE APPOINTMENT.
THESE SENIORS THAT TEACH ARE ALL VOLUNTEERS FROM OUR COMMUNITY AND WOULD APPRECIATE
THE COURTESY OF A CANCELLATION CALL.


THANK YOU TO ALL THE VOLUNTEERS THAT LEAD CLASSES.

COME JOIN US DAILY FOR COFFEE, REFRESHMENTS AND FRIENDSHIP. WE WOULD LOVE TO SEE AND MEET
YOU.

- **MARIE MAY** -
(248) 628-3388



JOIN US
FOR
SENIOR LUNCH
Thursday, April 9 @ 1pm
AMERICAN LEGION
in Oxford



SOARING EAGLE
CASINO TRIP
THURSDAY, APRIL 16